Drexel University provides a comprehensive wellness program, “A Healthier U,” that focuses on physical, emotional and financial health.

The university provides resources, education and programs that focus on physical activity, healthy nutrition and smoking cessation, the three lifestyle behaviors that can affect health the most.

Benefits and programs

Drexel University is particularly proud of its best-in-class retirement plan. The Drexel retirement plan is a defined-contribution 403(b) program, which provides for employee contributions and matching university contributions.

All employees are eligible for an annual matching contribution, which ranges from 3 percent to 7 percent for employees younger than age 35 and from 7 percent to 11 percent for those age 35 and older.

Drexel University recently introduced a 12-module employee-development series to assist in the individual growth and professional development of its professional staff members, including the dedicated faculty and staff in Sacramento.

The series offers practical tools and resources that allow employees to continue to be productive and foster positive working relationships within their teams and departments.

The university also offers performance-management and goal-setting workshops designed to help supervisors and employees better manage individual performance and create opportunities for career growth within the university.

In 2010, all managers and supervisors in Sacramento who were responsible for staff participated in the rollout of the workplace training and learning programs.

Community and values

In 2009, a new President's Award was created for intercultural engagement and diversity. This latest addition to the slate of President's Awards honors an individual or a team that promotes awareness of and respect for diversity, creates opportunities for intercultural engagement and builds on Drexel's founding principle of inclusion.

In 2010, the university opened an Intercultural Center dedicated to supporting diversity and inclusion. The center houses the Office of Equality and Diversity, the Office of Multicultural Programs, the Office of Study Abroad and offices for the spiritual and religious ministries at Drexel, providing opportunities for learning about various cultures.

Of the 22 employees at the Sacramento Center, 12 are women, seven are of ethnic minority groups and two have physical disabilities.

Drexel University’s Center for Graduate Studies in Sacramento also is actively involved with a number of organizations, including the Nehemiah Corporation of America, the Sacramento Hispanic and Asian Pacific Chambers of Commerce and Native American groups throughout the region.